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WASHINGTON FREE
AND CHARITABLE
CARE CONFERENCE

September 15-16, 2022
Yakima



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Providers with patients under 18 will be directed to
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in Washington."**

— provider in Okanogan County

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Keep patients out of the emergency room and get them connected to dental homes.

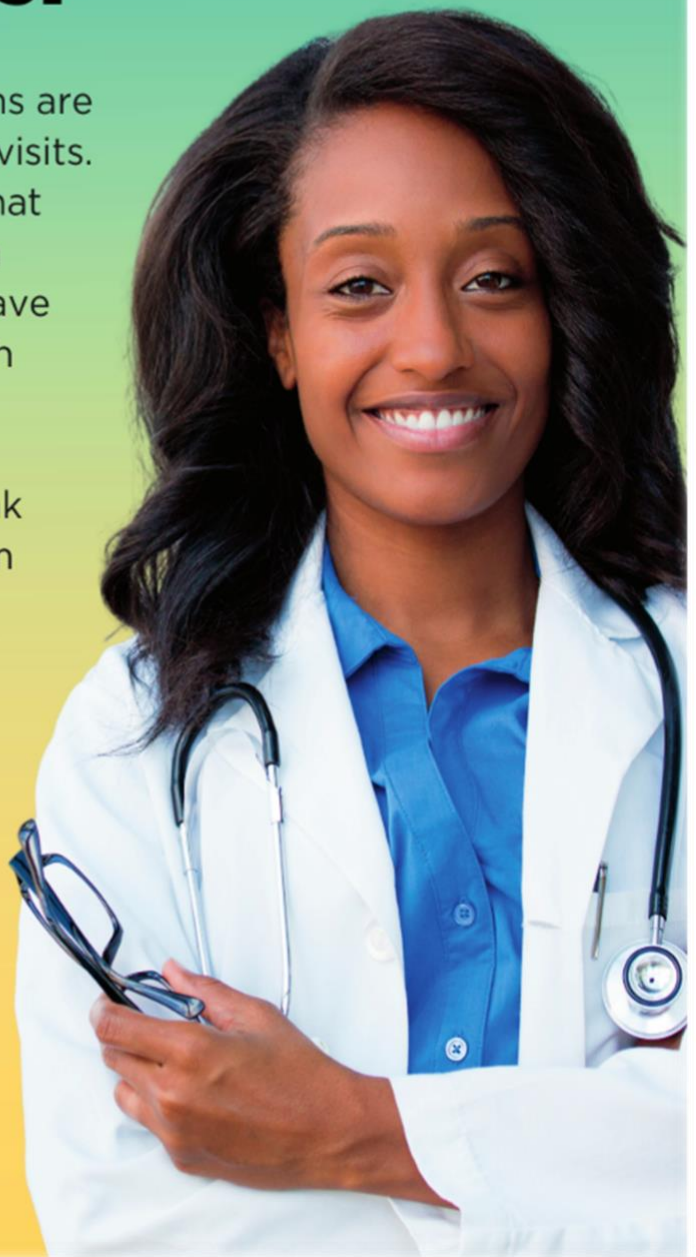
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DentistLink is a public-private partnership between Arcora Foundation and the Washington State Health Care Authority.



Schedule

Thursday, September 15

11:30 am Ballroom Hallway **Check in, lunch buffet opens**

12:00 pm Vineyard Ballroom **Welcome!**

12:15 - 1:15 pm Vineyard Ballroom **General Session: Difficult Interactions in Clinical Settings**
Dr. Maria Yang, MD

This presentation will review contributors to difficult interactions in clinical settings, how to recognize these events, and how to manage these difficult interactions with greater skill.

1:15 - 1:30 pm Vineyard Ballroom **General Session: Exhibitor Introductions**

1:30 - 2:00 pm Ballroom Hallway **Exhibits**

2:00 - 2:45 pm Merlot **Breakout Session: Emerging Mental Health Resources**
Nancy Murphy, The Olympia Free Clinic
Jennifer Magnani, MSW, LICSW, Department of Psychiatry,
University of Washington
Gary Renville, Project Access Northwest

In this session, we will present the replicable mental healthcare model of The Olympia Free Clinic, Washington's oldest, free clinic-based, mental healthcare program. We will explore the significant resource provided by the Psychiatry Consultation Line, including what it does, how to use it, and provide some case examples. Finally, we'll discuss a new, state-funded, mental healthcare pilot program under development by Project Access Northwest.

2:00 - 2:45 pm Syrah **Breakout Session: Partnering with Department of Health to**
Support Cancer Screening, Cardiovascular Health, and
Diabetes Prevention and Management
Sara Eve Sarlicker, Gwen Weber, Alexandro Pow Sang, Juno
Whittaker, Washington State Department of Health

Join us for a panel presentation on current opportunities to partner with Washington State Department of Health programs to expand care for your patients.

2:45 - 3:15 pm Ballroom Hallway **Exhibits, hotel check-in available**

3:15 - 4:00 pm Merlot **Breakout Session: Full-mouth Disinfection - An Option for**
Treating Periodontitis
Kristen Lauerman, RDH, Columbia Basin College

Periodontitis is the most common inflammatory disease that disproportionately affects low-income patients. Traditional, non-surgical periodontal therapy has focused on quadrant therapy as the only treatment option. However, full-mouth disinfection (FMD) has been shown to be as effective as quadrant therapy to treat periodontitis. This session will highlight the history of FMD and the evidence demonstrating its effectiveness as a treatment option for periodontitis.

3:15 - 4:00 pm Syrah **Breakout Session: Join the Unite Washington Network**
Courtney Gallant, Unite Us

The Unite Washington network is live in numerous counties throughout the state. Through strategic partnerships with our Washington funders, Unite Us and the Unite Washington network are making an impact on addressing the social determinants of health amongst the members of our communities.

Unite Washington connects healthcare and social service providers to deliver integrated whole person care through a shared technology platform. Through the network, partners can:

- Make electronic referrals
- Securely share client information
- Track outcomes together
- Inform community-wide discussion

The network is provided at no cost to all community-based organizations, community health centers, and healthcare providers contracted with our CCO and health system partners. Learn more about Unite Washington and how your organization can get involved!

4:00 - 4:15 pm **Break and travel**

Yakima Union Gospel Mission Medical Care is a 2-mile drive from the hotel, located at 1300 North 1st Street. Look for the "Clinic Parking" sign on the north entry. Please carpool with your colleagues.

4:15 - 6:00 pm Yakima Union **Free clinic tour**
Gospel Mission

Join us for a clinic tour and refreshments at Yakima Union Gospel Mission Medical Care Center.

6:00 - 7:00 pm Vineyard Ballroom **Hosted happy hour, "Ask Me About" networking**

Bring an idea others might like to replicate or know about, such as a system, partnership, or funding strategy. Ask others what is working for them.

7:00 - 8:00 pm Vineyard Ballroom **Dinner**

No program – just relax and network.

Friday, September 16

6:00 - 7:00 am Vineyard Ballroom **Yoga**
Karissa Brandhagen, Renú Hot Yoga

Join certified yoga instructor and owner of Renú Hot Yoga, Karissa Brandhagen, for a 60-minute, Hatha yoga session. Hatha is a gentle style of yoga that consists of a calming warm up, relaxing strength building and stretching at our class peak, followed by a cool down and 5-minute meditation. This sequence is sure to leave you feeling refreshed, restored, and ready to enjoy day two of the conference. This class is built to accommodate brand new students, beginners, and moderate level yogis. Please bring a yoga mat, a water bottle, wear comfortable clothing you can move in, and a hair tie, if necessary. There will be a yoga mats available, but the quantity is limited. Please arrive 5-10 minutes before 6 am to get settled.

7:30 am Vineyard Ballroom **Breakfast buffet opens**

8:00 - 8:45 am Vineyard Ballroom **General Session: Annual membership meeting**

Washington Healthcare Access Alliance is a membership organization and, as our constituents, we want to keep you informed of our board leadership, finances, and priorities over the last year.

8:45 - 9:00 am **Break**

9:00 - 9:45 am Merlot **Breakout Session: Jumpstart Your Policy Development**
Avonte Jackson, Grace Clinic

Full disclosure: the presenter has not mastered policy development. For many – presenter included – this is one of the biggest challenges to overcome. But out of desperation to find a better approach, let's explore a variety of strategies that help demystify the process. If you are advanced in policy development, please come and share your wisdom. If you are lagging, this is a safe space. Please bring your laptop for hands-on work; priority policy needs to gain focus; and lots of grace for yourself and others. Let's git-r-done!

9:00 - 9:45 am Syrah **Breakout Session: The Rural Health Initiative - Advancing Pharmacist Care for Rural Communities in Washington**
Angela Stewart, PharmD, BCPS, FWSPA, WSU College of Pharmacy & Pharmaceutical Sciences

In this session, Dr. Stewart will provide an overview of the new Rural Health Initiative within the WSU College of Pharmacy and Pharmaceutical Sciences. A description of the program goals, approach, progress, and timelines will be shared. Attendees will be invited to provide comment on current rural health challenges, recommendations for solutions, and opportunities for future partnership and collaboration with the College.

At the completion of this program, the participant will be able to:

- Describe how pharmacists as primary care providers will advance and sustain health care in rural communities
- Identify pathways into pharmacy and health science education for students from rural communities
- Recognize specialized knowledge and skills rural providers must have to meet the needs of their patients
- Discuss opportunities for development of academic-industry partnerships to support education and practice advancement

9:45 - 10:00 am **Break**

10:00 - 10:45 am Merlot **Breakout Session: Dispensing Medication in the Free Clinic Setting**
Stephanie Herzog, Lahai Health
Gary Grimley, Free Clinic of Southwest Washington
Heidi Burford-Bell, Snake River Community Clinic

Free clinic patients have medication needs that can be met within legal guidelines and scope of practice. Many existing systems, including vouchers and medication donations, can be difficult to manage. This discussion will highlight what some clinics are doing to meet patient medication needs, including the challenges of these systems, and what they recommend to others.

10:00 - 10:45 am Syrah **Breakout Session: Fundraising 101**
Addy Logsdon, Addy Logsdon Consulting

Fundraising can often be the last item on any executive director or board member's to-do list. Fundraising can be daunting and uncomfortable. Addy will break down the basics of fundraising, give you take-away

strategies to employ immediately, and revive your views on fundraising. Discover ways in which fundraising can be more efficient and successful with limited staff and volunteer bandwidth.

10:45 - 11:00 am **Break, opportunity for hotel check out**

11:00 - 11:45 am Merlot **Breakout Session: Meeting Evolving Technology Requirements in the Free Clinic Setting**
Catherine Bean, Free Clinic of SW Washington
Noemi Reed, SOS Health Services
Ken Dale, Community Health Partners
Sandy Solis, Safe Harbor Free Clinic

The COVID pandemic accelerated the adoption of technology in free clinic settings, including EMRs, telehealth solutions, texting and messaging platforms, and data collection tools. Join this discussion of the various technical solutions used – and recommended or not – by free clinics.

11:00 - 11:45 am Syrah **Breakout Session: Crisis Response - Client Engagement through Outreach and Medical Respite Care**
Rhonda Hauff and Annette Rodriguez, Yakima Neighborhood Health Services

This session describes the value of medical respite care in communities with unhoused residents, how to start a medical respite program, and how medical respite care is often the first entry point to care and services for vulnerable (ill and injured) residents. We will also share successful outreach and engagement strategies.

11:45 am - 12:00 pm **Break**

12:00 pm Vineyard Ballroom **Lunch buffet opens**

12:30 - 1:30 pm Vineyard Ballroom **General Session: How to Build a Powerhouse Board**
Nancy Bacon, Nancy Bacon Consulting, The Nonprofit Learning Center

Powerhouse boards bring an energy to their work. They make good decisions on behalf of their mission. They are nimble, influential, effective, and connected. You may have seen such a board in your community—maybe you serve on one. If so, you know the joy that comes when a group of people comes together and really makes a difference.

So how do you build a powerhouse board? That's what we will be talking about during this interactive session over lunch. We'll start at the beginning to understand your organization's core purpose and how you can use it to assemble the right people to achieve your goals. By the end, you will be able to explain this purpose to someone outside your organization, use this purpose to name who you need serving on your board, and plan for ways that you can support their success. You'll explore a fuller spectrum of diversity to expand how you think about your current and future board members. Bring your questions. We hope you leave fueled from lunch and fueled with ideas on how to build a powerhouse board.

1:30 - 2:00 pm Vineyard Ballroom **Wrap up**

Presenters

Thank you to our conference speakers!

Addy Logsdon

Addy Logsdon
Consulting

Addy Logsdon is a successful fundraising consultant living in Yakima but serving clients across Washington State. She coaches nonprofits on the fundamentals of fundraising, creating successful strategies to reach donors and raise money. She has a strong history of managing capital campaigns and delivering solid outcomes for her clients.

Alexandro Pow Sang

Washington State
Department of Health

Alexandro Pow Sang is a cross-cultural, bilingual professional with experience working in direct and indirect services on diabetes management and prevention for over 12 years. In 2015 he joined the Heart Disease, Stroke, and Diabetes Prevention Unit at the Washington State Department of Health as the Diabetes Consultant. In this role, he helps oversee the Washington State Medicaid Diabetes Education Recognition Program. He provides technical assistance on the recognition process, billing issues, and maximization of services to newly and ongoing DSMES programs across the state. In addition, he supports project implementation and evaluation that help increase awareness on health disparities and risk factors associated with diabetes. One of the projects that he helps lead is the annual World Diabetes Day Washington campaign. Also, he works on areas of sustainability and expansion of the Diabetes Prevention Program in partnership with diverse public, private and nonprofit organizations statewide.

In his spare time, Mr. Pow Sang enjoys running and is currently preparing to run his first half marathon.

**Angela Stewart,
PharmD, BCPS, FWSPA**

WSU College of
Pharmacy &
Pharmaceutical
Sciences

Dr. Stewart received her BS in Pharmacy from the University of Washington and her PharmD from the University of Texas, Austin and University of Texas Health Science Center, San Antonio (UTHSCSA). She completed a specialty residency in Adult Internal Medicine at the UTHSCSA and Bexar County Hospital in San Antonio, TX. She is a Board-Certified Pharmacotherapy Specialist with more than 20 years of acute care experience leading clinical pharmacy services, providing direct patient care, teaching, and directing an accredited residency program.

Dr. Stewart joined the faculty of the WSU College of Pharmacy & Pharmaceutical Sciences in 2014 and is a Scholarly Professor in the Department of Pharmacotherapy. She served as founding campus director and associate dean for the Yakima extension program and is now the Associate Dean for Rural Health. She assumed the role of Executive Director of the Yakima Valley Interprofessional Practice and Education Collaborative (YVIEPC) hosted at Pacific Northwest University of Health Sciences (PNWU) in March 2021. In this role, she leads the collaborative in offering interprofessional education programming, faculty and professional development, and community engagement and service. She is an eastern Washington native with a strong commitment to improving the health of rural communities.

Annette Rodriguez
Yakima Neighborhood
Health Services

Annette Rodriguez is the Chief Housing and Homeless Services Officer for Yakima Neighborhood Health Services and has been with YNHS since 1991. She oversees the Health Care for the Homeless Program, Supportive Housing of 90 units throughout the Yakima Valley, Medical Respite Care, and many basis needs assistance programs. The medical respite program has also served as the Isolation and Quarantine program for all of Yakima County since the beginning of the pandemic in early 2020.

Annette also chairs the Coordinated Entry program for Yakima County and co-chairs Coordinated Entry for the Balance of State. She oversees “The Space,” Yakima’s LGBTQ Youth Resource Service Center. Annette is particularly effective in her ability to make the connections between client engagement, housing, and health care.

Avonte Jackson
Grace Clinic

Avonte has served as Clinic Director at Grace Clinic in Kennewick since 2015. She has served on the Board of Trustees for Washington Healthcare Access Alliance for 6 years and held both the Treasurer and Secretary roles. Avonte also serves on the Board of the National Association of Free and Charitable Clinics and Pharmacies. With more than 10 years of leadership experience with nonprofit organizations, she is enthusiastic about the “business of charity,” helping agencies strengthen their core, attract more volunteers, gain more community support, and reach more people in need.

Washington Healthcare Access Alliance is so grateful to Avonte for her six consecutive years of service as a board trustee and officer.

Catherine Bean
Free Clinic of
Southwest Washington

Program manager – Project Access Clark County and Volunteer Program

I facilitate the coordination of donated care for residents in Clark County that are unable to obtain health insurance. I have been with the Free Clinic close to 5 years and my background is in Human Resources.

Courtney Gallant
Unite Us

A community engagement professional in the health and social care technology sector, Courtney connects the core values of organizations to the heart of a community’s culture—promoting community-wide investment in a coordinated network of social care organizations. Through engaging with key stakeholders and community partners, Courtney works to create visibility for organizations and cultivate positive working relationships between health and social care communities.

A graduate of Boise State University, Courtney holds a Bachelor of Arts in Social Science, with emphases in history and gender studies.

Gary Grimley
Free Clinic of
Southwest Washington

1. Retired, currently volunteering at the Free Clinic of Southwest Washington.
 - a. Volunteering since the 1900s on and off, over 100 hours/year since 2015

- b. Board member 4 years 2016-2020; served on the Medical Advisory Committee and Volunteer committee (was committee chairperson).
 - c. Precepted pre-pharmacy students and pharmacy students.
 - d. Reduced dispensary activity since the pandemic early 2020, some dispensing, vaccinations, newsletter contribution, occasional consultant, and drug information.
 - i. Present almost every Wednesday 3-4 hours.
- 2. Active pharmacy license and pharmacy preceptor.
- 3. Education
 - a. AA in biosciences Hartnell Jr. College (Salinas, California), 1970
 - b. BS Biochemistry, UCD (Davis, California), 1972
 - c. PharmD, UCSF (San Francisco, California), 1976
 - d. Pharmacy Residency (ASHP), UCSF, 1977
- 4. Employment
 - a. Stanford University Hospital 1977-1991 (staff pharmacist), general medicine, bone marrow transplantation, cardiology
 - b. PeaceHealth Medical Center 1991 – 2015 (clinical specialist, pharmacy), intensive care, drug information, adverse drug event reporting, general medicine, neurology, cardiology, emergency room, pharmacy resident teaching, pharmacy, and therapeutics committee
- 5. Publications: some around nutrition (parenteral); several in-house publications at Stanford and PeaceHealth MC)
- 6. Special award: Bridge Builder PeaceHealth MC 2005 (ALS support)
- 7. Other
 - a. Hood to coast team runner, 1995-2015 (not very fast)
 - b. Loves Zumba and walking dogs

Gary Renville
Project Access
Northwest

Breaking a cycle of family poverty to be the first in his family to graduate high school, Gary Renville attended Oregon State University (BS, 88) and Columbia University Teachers College (MA, 97). He has over 25 years total experience in a variety of increasingly responsible positions in education and nonprofit leadership and currently serves as Executive Director of Project Access Northwest – a nonprofit dedicated to striking down barriers to health care and the unique safety net providing access to specialty medical care coordination in King, Kitsap, and Snohomish counties for those living at or below 300% of the Federal Poverty Level.

Most recently, Gary served as Regional Vice President, Division President and Interim Vice President, Field Services of the National Kidney Foundation. Throughout his career he has helped to raise millions of dollars and in-kind resources managed by nonprofit partners to actively engage individuals, corporate volunteers, and other groups in meaningful volunteer experiences. Gary serves as Board Chair of Communities Joined in Action – a national organization committed to promoting access and health care equity. Gary also serves as Vice Chair and incoming board chair for the Community Advisory Board of Pacific Medical Centers.

Gwen Weber
Washington State
Department of Health

Gwen Weber has been working with the Breast, Cervical and Colon Health Program as a Cancer Screening Quality Improvement Consultant since March 2020. She previously worked at a large FQHC system as a Quality Improvement Coordinator and managed the clinic BCCHP program, enrolling nearly 200 patients each year to receive cancer screening, diagnostic services and cancer care through the program.

Gwen has a Bachelor of Science in Health Promotion and a Master of Healthcare Innovation and is passionate about improving programs to expand access to preventive services throughout Washington State.

Heidi Burford-Bell
Snake River Community
Clinic

Heidi Burford-Bell is the Executive Director at Snake River Community Clinic. In March of 2020, when the world was shutting down from the COVID-19 crisis, she was diving head-first into the world of nonprofits and free clinics. Coming up for air, she still claims that she loves her job.

As a graduate of The Evergreen State College-Tacoma Campus, she emphasized studies in Public Health. Her practical skills were crafted at the University of Washington Medical Center where she worked in direct patient care with kidney and liver transplant patients. She has a passion for preventative healthcare and environmental health advocacy, stemming from her experience as a healthcare professional over the past 20 years.

Her free clinic professional achievements include transitioning the Snake River Community Clinic to electronic health records, diversifying clinic funding, hiring professional staff, advancing the prescribers drug outlet, and opening a free, restoratives dental clinic.

Throughout her life, traveling and being exposed to other cultures and ideas has helped develop her ideals and passion for people and learning.

Heidi enjoys reading, music, arts and crafts, yoga, hiking, skiing, mountaineering, gardening, sewing, cooking, and a good americano with cream!

Jennifer Magnani,
MSW, LICSW
University of
Washington

Jennifer Magnani, MSW, LICSW is responsible for the day-to-day operations of the UW Psychiatry Consultation Line, which provides free, on demand clinical advice by a UW psychiatrist about mental health and substance use treatment to providers throughout the state of Washington.

Jennifer has been a clinical social worker for over 20 years and has worked in a variety of inpatient and outpatient settings. She got her Master of Social Work at the University of Washington and holds a BS in Journalism from the University of Kansas.

Jennifer is passionate about helping the most difficult to serve patients and creating health and social systems that work effectively.

Juno Whittaker
Washington State
Department of Health

A longtime supporter of Washington's free clinics, Juno has come full circle back to the Department of Health to work in Health Promotion and Disease Prevention in the WISEWOMAN program.

Huge thanks to Juno for her past service as a Washington Healthcare Access Alliance trustee.

Ken Dale
Community Health
Partners

I have been the Executive Director of Community Health Partners since 2015, where I am totally responsible for all administrative duties of the program, which includes raising all funds to support the program. Since we get minimal government funding, I write at least 1-3 grants a month. I have written grants that total over a million dollars in the last 6-7 years. I work closely with staff and volunteers as we continue to expand the scope of the program. I also serve on the Washington Healthcare Access Alliance Board.

I received my BA from UC Berkely and a Master's of Public Administration from Seattle University. I've been working in the nonprofit field for 40-50 years. I was the State Executive Director of Special Olympics Oregon for 18 years and was a teacher and Vice Principal of a secondary school in Sierra Leone for 3 years.

Thank you to Ken for his service as a current, Washington Healthcare Access Alliance trustee.

Kristen Lauerman, RDH
Columbia Basin College

Kristen is a registered dental hygienist and the Director of Dental Hygiene at Columbia Basin College (CBC), where she provides the planning and management for the support of the Dental Hygiene Program and operations of the dental hygiene clinic. In addition, Kristen teaches Periodontics I, Periodontics II, and Ethics and Jurisprudence.

Kristen holds a Bachelor's of Healthcare Administration and Management and Master's in Healthcare Administration, with a specialization in Population Health.

Prior to her role at CBC, Kristen practiced as a dental hygienist for twenty years at a value-based, dental accountable care organization.

Maria Yang, MD
Evergreen Treatment
Services

Maria Yang, MD, is trained as a psychiatrist and has chiefly worked in public health settings, including in homeless, shelter, and housing outreach, in a crisis center, and in a jail. She has also worked as medical director for government and nonprofit organizations. She currently works at Evergreen Treatment Services and provides education, training, and consultation to a variety of audiences.

She also likes cookies.

Nancy Bacon
Nancy Bacon
Consulting, The
Nonprofit Learning
Center

Nancy Bacon has trained thousands of board members over the past decade. She is a teacher who has served in the nonprofit roles of executive director, founding program director, board member, and volunteer since 1996. She led the teams that created Boards in Gear, Finance Unlocked for Nonprofits, and other learning tools used across Washington State. Most recently, she created Powerhouse Boards and the Nonprofit Board Certificate Course, available on

www.NonprofitLearning.Center.

Nancy co-hosts the Nonprofit Radio Show, a podcast with tips and tools for small nonprofits. Nancy believes in the power of nonprofits and works to make nonprofit work easier, more effective, and more joyful.

Nancy Murphy
The Olympia Free Clinic

Nancy Murphy currently works for The Olympia Free Clinic as co-clinical director of the mental health services. She has been in private practice for 30 years and, prior to that, worked in community mental health with children and families.

Nancy advocates for people with intellectual disabilities and their families and is a long-time warrior for women's rights. She loves gardening, exploring, and reading.

Huge thanks to Nancy for her six consecutive years of service to Washington Healthcare Access Alliance as a board trustee, culminating in her current role as President.

Noemi Reed
SOS Health Services of
Walla Walla

Originally from Guadalajara, Jalisco, Mexico, I am an architect with postgraduate studies in architecture sciences. Running my own architecture business for over 20 years in Guadalajara, I was also Professor at the Architecture School of the University of Guadalajara, and board member of the Architecte college of Jalisco State.

In Walla Walla, I worked as a lifeguard, instructor at the YMCA, and at the community college. I am now in love with the mission of SOS Health Services and enjoy being part of a great team of people who give their hearts to patients.

Responsibilities:

- Managed the clinic for almost two years
- Organize provider and volunteer schedules
- Organize medical supplies for clinic
- Organize Intern projects
- Organize patient records and referrals
- Organize events and workshops to teach patients knowledge of diseases, working together with Providence Hospital and Vital Wine (a clinic donor)
- Outreach
- Work together with the board on decisions for the clinic
- NAFC and WHAA
- WHAA Trustee

Washington Healthcare Access Alliance is very grateful for the leadership provided by Noemi as a current board trustee.

Rhonda Hauff
Yakima Neighborhood
Health Services

Rhonda Hauff is the CEO of Yakima Neighborhood Health Services and has been with YNHS since 1983. In addition to full scope primary care at ten sites in urban and rural communities, YNHS provides targeted services for people experiencing homelessness – including 90 units of supportive housing, supported employment,

medical respite care, and a variety of Basic Needs Assistance in partnership with Yakima County.

Ms. Hauff is the President-Elect of the National Health Care for the Homeless Council and serves on several committees of the National Association of Community Health Centers.

She has a BA in Community Health from CWU and a Master's in Community Health Center Management from George Washington University.

Sandy Solis
Safe Harbor Clinic

I am the current Executive Director of Safe Harbor Free Clinic. In that role, I oversee the operations of our free clinic, from staffing, to fundraising, to patient care.

I have lived in the Stanwood-Camano Island area for over 30 years. Before coming to SHFC, I was a stay-at-home mom, raising my boys and homeschooling. I also own a photography business.

I've had many opportunities over the years to build leadership skills and God has put those to good use, guiding me in my role here at Safe Harbor Free Clinic.

Thank you to Sandy for her current service as a Washington Healthcare Access Alliance trustee, including her role as Vice President of the board.

Sara Eve Sarliker
Washington State
Department of Health

Since 2004, I have worked in Diabetes and Cardiovascular Disease-related health promotion and prevention at the Washington State Department of Health and at the Health Care Authority. For the past 7 years, I have focused on heart disease and stroke prevention. My work has been part of the Heart Disease, Stroke, and Diabetes Prevention Program at the Washington State Department of Health and has included training Community Health Workers in supporting accurate blood pressure self-measurement and management. I also promote the "Great 8" - a visually based tool available in 28 languages that facilitates conversation about improving cardiovascular health.

I was fortunate to receive my Master's in Public Health with a focus on Community Health Education from California State University, Northridge, after about 10 years working in print and web-based media.

Stephanie Herzog
Lahai Health

Stephanie is currently a Nurse Case Manager with Lahai Health, a nonprofit organization in the greater Seattle area. Lahai is a free primary care clinic for adults who are uninsured or underinsured.

In 1990 Stephanie graduated from the ICNE in Spokane, with a BSN. She worked for 15 years at the UW Medical Center before taking time off to stay home with her children.

In 2013 she started at Lahai as a volunteer, and then became staff in 2017. She joined the board of WHAA in the fall of 2020 and has recently stepped into the role of Secretary.

In her free time, she loves going to her children's sports games, taking care of her garden, and raising chickens.

Thank you to Stephanie for her leadership and service to Washington Healthcare Access Alliance as a trustee and board officer.



Tina Ghia, MD
Cardiac
Electrophysiology

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